#### PERSONALINFORMATION



## Eftiola Pojani

- Rruga e Durrësit, Nr.26, SH/K 1, Tirana, Albania
- 00355 68 2726369
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Sex Female | Date of birth 04.04.1988 | Nationality Albanian

## **WORK EXPERIENCE**

October 2014- October 2015

## **Pharmacy Technical Director**

German Hospital Pharmacy, Tirana, Albania

November 2015- present

# Full-time lecturer and member of the Chemi- Pharmaceutical and **Biomolecular Technologies**

Faculty of Pharmacy

Catholic University "Our Lady of Good Counsel", Tirana, Albania.

2019-2022

Active member of the international scientific research project "Science for Peace and Security" (SPS) / Science Program for Peace and Security - entitled "Early detection and diagnosis of emerging biological threats". Research project no. G5486, funded by NATO (North Atlantic Treaty Organization) and developed in cooperation with the University of Milan, Italy, Nazarbayev University, Astana, Kazakhstan and Catholic University "Our Lady of Good Counsel", Tirana, Albania.

## October 2022- present

## **Doctorate Course Coordinator**

"Public Health, Molecular Diagnosis of Infectious Diseases and Pharmacovigilance", in the Faculty of Pharmacy Catholic University "Our Lady of Good Counsel", Tirana, Albania

## **ACADEMIC CAREER**

Academic year 2015-2016 2016- 2017 2017- 2018 2018-2019 2019-2020 2020-2021 2021-2022 2022-2023 present

Academic year 2017- 2018 present

2018-2019 2019-2020 2020-2021 2021-2022 2022-2023

#### **Full-time Lecturer**

Full-time Lecturer

Faculty of Pharmacy

Tirana, Albania

Catholic University of "Our Lady of Good Council" Faculty of Medicine, Course of Physiotherapy Tirana, Albania Tought Discipline: "Biochemistry"

Catholic University of "Our Lady of Good Council"

Tought Discipline: "General and molecular Biochemistry"

## **Full-time Lecturer**

Catholic University of "Our Lady of Good Council" Faculty of Medicine, Course of Nursing Elbasan, Albania

2017-2018 2018- 2019 2019- 2020 2020-2021 2021-2022 2022-2023 present

Academic year 2017-2018 2018- 2019 2019- 2020 2020-2021

Academic year 2021-2022 2022-2023 present

Tought Discipline: "Pharmacology"

## Full-time Lecturer

Catholic University of "Our Lady of Good Council" Faculty of Medicine, Course of Nursing

Elbasan, Albania

Tought Discipline: "Biochemistry"

## **Full-time Lecturer**

Catholic University of "Our Lady of Good Council"

Faculty of Pharmacy Tirana, Albania

Tought Discipline: "Metabolic diseases"

#### **EDUCATION AND TRAINING**

2003-2007

## High School "Faik Konica"

Korçë, Albania Results: 9.91

2007-2012

# Master of Science in Pharmacy and Industrial Pharmacy

Integrated five years course

Double Degree: University of Milan, Italy and Catholic University "Our Lady of Good

Council", Tirana, Albania

Master Thesis: "Recent Developments on the research of novel drugs for Tropical Diseases"

## May 2013

## Held the State Exam for Pharmacist Profession

Obtained successfully with the result of 86/100

2013-2016

## PhD

**Doctoral study program** in "Public Health, Molecular diagnosis of Infectious Diseases and Pharmacovigilance",

## Catholic University "Our Lady of Good Council", Tirana, Albania.

PhD- Thesis Title: "Evaluation of Vaccines efficacy used in Albania" through the study of the immune response to Combined (MMR) or Single dose vaccines (Hepatitis B) on vaccinated subjects"

## 1 September 30 September

Training and research activity at the Laboratory of Molecular Virology and Recombinant Vaccine Development at the Department of Medical Biotechnology and Translational Medicine (BIOMETRA), State University of Milan (Italy).

## February 2024

Promotion to "Associate Professor" at the University of Medicine, Tirana, Albania

#### **PERSONAL SKILLS**

Mother tongue(s)

Albanian

# Other language(s)

3-18-(-)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
sh	C1	C1	C1	C1	C1
			TOEFL		
1	C1	C1	C1	C1	C1

Italian

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user <u>Common European Framework of Reference for</u> <u>Languages</u>

## Computer skills

Good proficiency and skills in the main computer programs Excel, Power Point, etc),

(Microsoft Word,

**Driving licence** 

B Category

Additional institutional activities

Preparation of the Dossier for the reorganization of the third cycle of PhD course in "Public Health, Molecular Diagnosis of Infectious Diseases and Pharmacovigilance"

Faculty of Pharmacy

Catholic University "Our Lady of Good Counsel", Tirana, Albania.

Preparation of the Dossier for the activation of the Executive Master / Second Level study program "Scientific Medical Representative of Pharmaceutical Products and Medical Devices"

Faculty of Pharmacy

Catholic University "Our Lady of Good Counsel", Tirana, Albania.

**Member of the Internal Evaluation Group** for the accreditation of the third cycle of PhD course in "*Public Health, Molecular Diagnosis of Infectious Diseases and Pharmacovigilance*"

Faculty of Pharmacy

Catholic University "Our Lady of Good Counsel", Tirana, Albania.

**Member of the Organizing Committee** for the scientific conference with international participation "*Contraffazione dei farmai e diritto alla salute*" Catholic University "Our Lady of Good Counsel", Tirana, Albania.

**Member of the** *ad hoc* **Didactic Commission** for the transition assessment of students who have completed the 5th year, from the UNIMI Study Plan to that of UNIBA.

Faculty of Pharmacy

Catholic University "Our Lady of Good Counsel", Tirana, Albania.

**Member of the** *ad hoc* **Didactic Commission** for the examination of transfer applications

**Faculty of Pharmacy** 

Catholic University "Our Lady of Good Counsel", Tirana, Albania.

# ADDITIONAL INFORMATION

**Publications** 

- Pojani E. Occurrence and Causes of Obesity in Albanian Young People. *Mediterranean Journal of Social Sciences*. 2014, Vol 5, No 19, p.33-39. ISSN 2039-2117 (online), ISSN 2039-9340 (print). DOI: <a href="https://doi.org/10.5901/mjss.2014.v5n19p33">10.5901/mjss.2014.v5n19p33</a>
- Pojani E, Nelaj E, Ylli A. (2016). IgG specific levels for diphtheria, tetanus and pertussis in rural and urban samples in Albania. Vol 4: CBU-Proceedings International Conference on Innovations in Science and Education. Petr Hájek, Tavleen Sahota, Mary-Anne Jones, eds. Vol 4, March 23-25, 2016, Prague, Czech Republic, Conference Proceedings Book: p.625-657. ISSN 805-997X (Print), ISSN 1805-8861 (Online). DOI: <a href="http://dx.doi.org/10.12955/cbup.v4.827">http://dx.doi.org/10.12955/cbup.v4.827</a>
- 3. **Pojani E,** Nelaj E. Health Effects of Diseases Protected by Combined Vaccines Used in Albania. *Journal of Health Science*. David Publishing. 2016, Vol.4, p. 8-14. DOI:10.17265/2328-7136/2016.01.002

- 4. **Pojani E,** Nelaj E, Simaku A, Ylli A. Effectiveness of combined Measles, Mumps and Rubella vaccine in Albania: An analysis based on health impact surveillance. *Albanian Medical Journal*. 2016, Vol. 3, p. 67-74.
- Pojani E, Ylli A. Vaccination Knowledge and Attitudes of Albanian Mothers. *European Journal of Interdisciplinary Studies*. 2016, Vol. 2, Issue 4, p. 121-125. ISSN 2411-958X (Print), ISSN 2411-4138 (Online). DOI:10.26417/ejis.v2i4.p121-125
- 6. **Pojani E,** Nelaj E, Ylli A. An Insight into the Immunization Coverage for Combined Vaccines in Albania. *ESJ- European Scientific Journal*. January 2017, Vol. 13, No. 3, p. 33-42. ISSN: 1857 7881 (Print) e ISSN 1857 7431. DOI: https://doi.org/10.19044/esj.2017.v13n3p33
- 7. **Pojani E,** Nelaj E, Ylli A. Overview of the Immunization Situation in Albania. *European Journal of Multidisciplinary Studies*. May 2017, Vol. 2, Issue 5, p. 171-175. ISSN 2414-8385 (Online) ISSN 2414-8377 (Print). DOI: <a href="https://doi.org/10.26417/ejms.v5i1.p259-263">https://doi.org/10.26417/ejms.v5i1.p259-263</a>
- 8. **Pojani E**, Mehmeti I, Bozo S. Immunization Coverage Evaluation for the Period of years 2012-2016 in Korçë-Albania. *ESJ- European Scientific Journal*. 2020, Vol. 16, No. 6, p. 55-64. ISSN: 1857 7881 (Print) e ISSN 1857-7431. DOI: <a href="https://doi.org/10.19044/esj.2020.v16n6p55">https://doi.org/10.19044/esj.2020.v16n6p55</a>
- Pojani E, Barlocco D. Romidepsin (FK228), A Histone Deacetylase Inhibitor and its Analogues in Cancer Chemotherapy. *Current Medicinal Chemistry*. 2021, Vol. 28, Issue 7, p. 1290-1303. Print ISSN: 0929-8673, Online ISSN: 1875-533X. DOI: <a href="https://doi.org/10.2174/0929867327666200203113926">https://doi.org/10.2174/0929867327666200203113926</a>
- Pojani E, Barlocco D. Selective Inhibitors of Histone Deacetylase 10 (HDAC-10). Current Medicinal Chemistry. 2022, Vol. 29, Issue 13, p. 2306–2321. Print ISSN: 0929-8673, Online ISSN: 1875-533X. DOI: https://doi.org/10.2174/0929867328666210901144658
- 11. **Pojani E,** Bozo S, Mehmeti I. Histone Deacetylase Inhibitors; An Overview of The Clinical Studies in Hematological Malignancies and Solid Tumors. *Journal Of Natural and Technical Sciences*, (*AJNTS*). 2022, No 54 (XXVII), p. 139-156.
- 12. Bozo S, De Giuli Morghen C, Capparelli E, **Pojani E**. Point Prevalence Survey of Antibiotic Prescribing in the Hospital Sector in Albania. *Acta Pharmaceutica Sciencia*. 2021, Vol. 59, No.4, p. 533-547. ISSN: 2636-8552, e-ISSN: 1307-2080. DOI: 10.23893/1307-2080.APS.05932
- 13. **Pojani E.** (2022). Population approach towards Covid-19 vaccination: the Albanian experience. Proceedings Book of the 7<sup>th</sup> UNICART International Interdisciplinary Conference UNICART, 19-21 October 2022. Cekani I., d'Ovidio F. D., Favia F, Iaquinta P., eds. Malta & Republic of Moldova. Conference Proceedings Book, p. 293-298. ISBN 978-2-931089-30-9
- 14. Pojani E, Bozo S. (2023). Human Papilloma Virus infection; prevention as a fundamental approach towards cervical cancer control in Albania. Proceedings Book of IAI- International Academic Institute Conference, 14 December 2022. Vienna, Austria. Hristina Rucheva Tasev, Dr. Sci, Ss. eds. Conference Proceedings Book, p. 35-38, ISSN 2671-3179
- 15. **Pojani E**, Bozo S, Sado E, Mehmeti I, Capparelli E. Trends in Dermocosmetics Use among the Albanian Population during the Period 2019-2020. *Universal Journal of Public Health*. ISSN print: 2331-8880, ISSN online: 2331-8945
- Mehmeti I, Bozo S, Kostrista E, Pojani E. The influence of SARS-COV-2 pandemic in the pharmaceutical service in Albania. *Pharmacy Practice*. 2023 Jan-Mar; Vol. 21, No. 1, p. 2750. ISSN: 1885-642X, E-ISSN: 1886-3655. DOI: https://doi.org/10.18549/PharmPract.2023.1.2750
- 17. **Pojani E,** Bozo S, Mehmeti I. Clinical outcomes related to the use of histone deacetylase inhibitors in hematological malignancies. *New Bulletin of Medical Sciences*. ISSN online: 2521-0327, ISSN print: 2521-0319
- 18. Bozo S, **Pojani E,** Mehmeti I. Effectiveness and safety concerns of alcohol-based hand sanitizers in the Covid-19 era. *New Bulletin of Medical Sciences*. ISSN online: 2521-0327, ISSN print: 2521-0319

Conferences

- 19. De Giuli Morghen C, Bozo S, **Pojani E**, Dragusha P, Zanotto P, Radaelli A. Recombinant avipoxviruses as novel preventive vaccines against zoonotic viruses. *New Bulletin of Medical Sciences*. ISSN online: 2521-0327, ISSN print: 2521-0319
- Pojani E, Nelaj E, Ylli A. (2016). IgG specific levels for diphtheria, tetanus and pertussis in rural and urban samples in Albania. *CBU-International Conference on Innovations in Science* and Education. Section: Medicine and Pharmacy. Petr Hájek, Tavleen Sahota, Mary-Anne Jones, eds. Vol 4, March 23-25, 2016, Prague, Czech Republic. Conference Proceedings Book: p.625-657. ISBN 978-80-88042-04-4 (Online edition), ISBN 978-80-88042-04-1 (Print edition).
- Pojani E, Ylli A. (2016). Vaccination Knowledge and Attitudes of Albanian Mothers. 10<sup>th</sup>
  International Congress on Social Sciences. Prof. Dr. Jaime Ferri Durà ed. Vol. 1, 23-24
  September 2016. Madrid, Spain. Conference Proceedings Book: p. 215-219. ISBN 9788890916441.
- 3. **Pojani E,** Nelaj E, Ylli A. (2017). Overview of the Immunization Situation in Albania. *12<sup>th</sup> International Conference on Social Sciences*. Vol. 3, 19-20 May 2017, Amsterdam, Netherlands. (BE). Conference Proceedings Book: p. 246-251. ISBN 9788890916151.
- 4. **Pojani E.** Immunization Coverage for combined vaccines in Albania. Konferenca e 5-të Farmaceutike "Së bashku për farmaceutikën", 29-31 March 2018, Tirana, Albania. Book of Abstracts: p.70. ISBN 978-9928-2151-23
- 5. **Pojani E,** Ylli A. Vaccine effectiveness owing to the combination of antigens in the form of multivalent vaccines in Albania. 2<sup>nd</sup> International Conference of Applied Sciences and Economy, 20 April 2018, Tirana, Albania. Book of Abstracts: p. 51. ISBN 978-9928-4425-9-8
- 6. **Pojani E**, Bozo S. Mehmeti I. Immunization program in Albania; identification of efficacy indicators. *3<sup>rd</sup> International Conference in Human, Social and Applied Sciences*, 11 April 2019, Tirana, Albania. Book of Abstracts: p. 41. ISBN 978-9928-266-08-8
- 7. **Pojani E.** Population approach towards Covid-19 vaccination: the Albanian experience. 7<sup>th</sup> *Interdisciplinary International Conference, UNICART, International Conference Academic Research*, 19-21 October 2022. Malta & Republic of Moldova. Book of Abstracts: p. 27. ISBN 978-2-931089-28-6. Conference Proceedings Book: p. 293-298. ISBN 978-2-931089-30-9
- 8. **Pojani E**, Bozo S, Mehmeti I. Clinical outcomes related to the use of histone deacetylase inhibitors in hematological malignancies. Konferenca e 6-të Farmaceutike "Së bashku për farmaceutikën", 4-6 November 2022, Tirana, Albania. Book of Abstracts: p. 106. ISBN 978-9928-4715-8-1
- 9. **Pojani E,** Bozo S. Human Papilloma Virus infection; prevention as a fundamental approach towards cervical cancer control in Albania. *IAI- International Academic Institute Conference*, 14 December 2022. Vienna, Austria. (BE). Book of Abstracts: p. 8, ISBN 978-608-4881-36-0. Conference Proceedings Book: p. 35-38, ISSN 2671-3179
- 10. Bej L, **Pojani E**. Recent Hypotheses of Cellular Mechanisms Involved in Alzheimer's Disease. Konferenca e 5-të Farmaceutike "*Së bashku për farmaceutikën*", 29-31 March 2018, Tirana, Albania. Book of Abstracts: p.129. ISBN 978-9928-2151-23
- 11. Hyseni A, **Pojani E**, Bozo S. Multitarget drugs for Alzheimer's disease treatment. Konferenca e 5-të Farmaceutike "*Së bashku për farmaceutikën*", 29-31 March 2018, Tirana, Albania. Book of Abstracts: p. 112. ISBN 978-9928-2151-23
- 12. Bozo S, **Pojani E.** Impact of national policies on the use of antibiotics in the hospital sector in Albania. *3<sup>rd</sup> International Conference in Human, Social and Applied Sciences*, 11 April 2019, Tirana, Albania. Book of Abstracts: p. 37. ISBN 978-9928-266-08-8
- 13. Mehmeti I, Bozo S, **Pojani E**. The impact of Sars Covid-19 pandemic on the pharmaceutical service in Albania. 10<sup>th</sup> National Conference of Medical Sciences / Konferenca Kombëtare e

- Shkencave Mjekësore 10, 12 May 2022, Tirana, Albania. Book of Abstracts: p. 409. ISBN 978-9928-4719-0-1
- 14. Bozo S, **Pojani** E, Mehmeti I. Effectiveness, and safety concerns of alcohol-based hand sanitizers in the Covid-19 era. Konferenca e 6-të Farmaceutike "*Së bashku për farmaceutikën*", 4-6 November 2022, Tirana, Albania. Book of Abstracts: p. 157. ISBN 978-9928-4715-8-1
- 15. De Giuli Morghen C, Bozo S, **Pojani E**, Dragusha P, Zanotto P, Radaelli A. Recombinant avipoxviruses as novel preventive vaccines against zoonotic viruses. Konferenca e 6-të Farmaceutike "Së bashku për farmaceutikën", 4-6 November 2022, Tirana, Albania. Book of Abstracts: p. 134. ISBN 978-9928-4715-8-1
- 16. Bozo S, **Pojani E.** Adverse events following Covid-19 vaccination among the Albanian community. *IAI- International Academic Institute Conference*, 14 December 2022. Vienna, Austria. (BE). Book of Abstracts: p. 3. ISBN 978-608-4881-36-0
- 17. **Pojani** E, Arapi Xh, Capparelli E, Bozo S. Cannabis Sativa usage in the Pharmaceutical and Cosmetic Sector. *11<sup>th</sup> National Conference of Medical Sciences*. 5-7 May 2023, Tirana, Albania.
- 18. Bozo S, Gjoci G, **Pojani E**. Knowledge and perception of the Albanian population on Covid-19 vaccines. *11th National Congress of Medical Sciences*. 5-7 May 2023, Tirana Albania.
- 19. **Pojani E**, Bozo S. Eating patterns and health effects: unraveling the impact of intermittent fasting. *6th International Congress of Medical Sciences*. 17-19 November 2023, Tirana, Albania.
- Bozo S, Pojani E. Effects of probiotic supplementation in the management of lactose intolerance. 6th International Congress of Medical Sciences. 17-19 November 2023, Tirana, Albania.

**Projects** 

2019-2022

Active member of the international scientific research project "Science for Peace and Security" (SPS) / Science Program for Peace and Security - entitled "Early detection and diagnosis of emerging biological threats". Research project no. G5486, funded by NATO (North Atlantic Treaty Organization) and developed in cooperation with the University of Milan, Italy, Nazarbayev University, Astana, Kazakhstan and Catholic University "Our Lady of Good Counsel", Tirana, Albania.

March 2024 Assoc. Prof. Eftiola POJANI