

Europass Curriculum Vitae



Personal information

First name / Surname Erjola Bej
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Nationality Albanian
Date of birth 15/10/1988
Gender Female

Work experience

Dates (*from – to*) 10-14 June 2024
Occupation or position held Erasmus + KA107, International Credit Mobility, Universidad Catolica de Valencia 'San Vicente Martir'

Dates (*from – to*) October 2023-present
Occupation or position held Lecturer at the Catholic University Our Lady of Good Counsel, Faculty of Medicine, Bachelor in Physiotherapy and Bachelor in nursing

Main activities and responsibilities Seminars on autoimmune diseases, Herbs, medicinal plants and supplements

Dates (*from – to*) 16-20 May 2022
Occupation or position held Erasmus + KA107, International Credit Mobility, University of Pisa

Dates (*from – to*) November 2018- Present, Coordinator of the Faculty of Pharmacy of the Catholic University 'Nostra Signora del Buon Consiglio'
Occupation or position held Coordinator

Main activities and responsibilities Organization of the didactic calendar, publication of didactic plans and the programs of specific disciplines, to contribute to the promotion of the university and to gather all the information necessary for the preparation of the Faculty Budget.

Dates (<i>from – to</i>)	June 2017- November 2018
Occupation or position held	Pharmacist in the Hospital Pharmacy of the Hospital and University Center 'Mother Tereza', Department of Neurology, Neurosurgery, Psychiatry, Allergology, Rheumatology, Dermatology and HIV/AIDS.
Main activities and responsibilities	Distribution of the medicines based of the patient's necessity, preparation of the pharmacy budget, managing expired drugs.
Dates (<i>from – to</i>)	September 2013-May 2017
Occupation or position held	Sales agent, Pharmaceutical distribution CFO Pharma
Main activities and responsibilities	Selling medicines according to the pharmacy's order, publication of daily offers
Dates (<i>from – to</i>)	May-July 2012
Occupation or position held	Internship, Maccioni Pharmacy, Milan, Italy
Main activities and responsibilities	Dispensation of medicines under surveillance of the pharmacist, organization of daily orders.

Education and training

Dates (<i>from – to</i>)	September 2022- present
Title of qualification awarded	PhD student, University of l'Aquila, Department of Clinical medicine and public health. Curriculum: Epidemiology, preventive medicine.
Dates (<i>from – to</i>)	July 2013
Title of qualification awarded	Certificate to certify that Dott. Erjola Bej, graduated in Pharmacy and Industrial Pharmacy, has been awarded grade 332/350, in the State Exam, Milan, Italy; Branch: Pharmacy.
Dates (<i>from – to</i>)	2007-2013. the Catholic University 'Nostra Signora del Buon Consiglio' in collaboration with University of Milan, Italy.
Title of qualification awarded	Master's Degree in Pharmacy and Industrial Pharmacy
Dates (<i>from – to</i>)	2003-2007
Title of qualification awarded	Wilson High School of Tirana

Personal skills and competences

Mother tongue Albanian

Other languages

Self-assessment

European level (*)

English

Italian

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C1	Expert user	C1	Expert user	C1	Expert user	C1	Expert user	C1	Expert user
C1	Expert user	C1	Expert user	C1	Expert user	C1	Expert user	C1	Expert user

(*) *Common European Framework of Reference for Languages*

Social skills and competences Good communication and social skills. Ability to manage projects and meet deadlines. Flexibility and excellent listening skills. Ability to adapt to new environments.

Organisational skills and competences Ability to manage groups and projects. Give the right priority to activities, work with precision and attention to details.

Computer skills and competences Microsoft Word, Excel, Power Point, Adobe

Driving licence B Category

Scientific publications and conferences

September 2023: Trieste Next, Festival of the Scientific Research, 'A new world. Science and innovation for a sustainable future'. Research project titled: Saffron, a potential therapeutical approach for aging and neurodegenerative diseases.

March 2024: E. *et al.* (2024) 'Therapeutic potential of saffron in brain disorders: From bench to bedside', *Phytotherapy Research*, 38(5), pp. 2482–2495. doi:10.1002/ptr.8169.

April 2024: Bej, E., Cesare, P., *et al.* (2024) 'Oxidative stress and neurodegeneration: Insights and therapeutic strategies for Parkinson's disease', *Neurology International*, 16(3), pp. 502–517. doi:10.3390/neurolint16030037.

Settembre 2024: Moderator of the event World Congress on Pharmaceutical Chemistry and Drug Development, held in Paris, France on September 19-20, 2024. Also, Speaker of the same event presenting the scientific research project 'Saffron promising Anti-Aging effects against D-galactose induced aging in vitro model'.