

# CURRICULUM VITAE

## **DENISA ESKIU**

BULEVARD IZHAN D'ARK WONDER AP.46 • 1001 TIRANA • ALBANIA •  
**D.ESKIU@PROF.UNIZKM.AL** (+355) (0)692080618

### **EDUCATION**

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- ***PhD in Medical and Surgical Sciences University of Roma “Tor Vergata”, Rome, Italy November 2022 – ongoing. Research area: Applied Medical and Surgical Sciences; Oncoplastic Breast Surgery.***
- ***Long-term specialization in General Surgery Catholic University " Our Lady of Good Counsel" Academic year 2018 - 2023***
  - Residency Practice at International Hygeia Hospital  
Clinical Tutor **Prof. Dr. Bahadir Celep**, General Surgery Department, May 2019 - May 2021
  - Residency Practice at “Tor Vergata” Hospital, Rome,  
Clinical and Academic Tutor **Prof. Dr. Giuseppe Sica**, Digestive Surgery Department, June 2021 - June 2022  
  
Clinical and Academic Tutor **Prof. Dr. Oreste Buonomo**, Department of Breast Surgery, June 2022 - 2024.
- ***University “Tor Vergata” Rome, Italy. Qualification Diploma for the Practice of the Profession of Physician-Surgeon. February 2019 (Qualification to Practice as a Physician Surgeon – Second Session 2018)***
- ***License to Practice as a Medical Surgeon from the Order of Physicians of Albania, October 2019***
- ***Master of Science in Medicine and Surgery Catholic University “Our Lady of Good Counsel”. Experimental study: Evaluation of Nutritional Status in Oncology Patients***

- ***Towson University & Catholic University - Maryland, USA***  
***Scholarship Grant: Southeast Europe Youth Leadership Institute Program 2005 - U.S***  
***Department of State, Open Society Institute, IDEA.***
- ***The John Hopkins Hospital - John Hopkins Medicine. Community Health - Achievement Award. Baltimore, Maryland, USA, 2005***
- ***High School “Babe Dude Karbunara”, Achievement Award– Average score 10.00***

## **WORK EXPERIENCE**

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### **Catholic University “Our Lady of Good Counsel” Tirana**

- **Lecturer in Human Physiology, Faculty of Medicine, September 2019 – ongoing**

### **Albanian Society of Nutrition Science**

- **Co-founder and Vice President, June 2022 – ongoing**

### **OMMED Shpk**

- **Executive Director & Founder, June 2015 – ongoing**

### **FARMA NOVA Shpk**

- **Executive Director, May 2013 - 2019**

### **FLORFARMA Shpk - Pharmaceutical Producer & Distributor**

- **Operations Director, 2009 - 2011**
- **Marketing Manager, 2011 - 2013**

### **Hippocrates Health Show - Top Channel Tv**

- **Member of Authorial Team of Nutrition, August 2018 - January 2019**

### **International Congress of Kosovo Students for Medical Sciences**

- **Member of the Organizing Committee of the II International Congress of Medical Science Students, Tirana 2010**

#### **Albanian Association of Obstetrics and Gynecology**

- **Organizational Council Assistant of the II National Conference “Perioperative Management in Obstetrics - Gynecology and Couple Fertility”, Durres, May 2014**
- **Organizational Council Assistant of the IV International Congress of Gynecology and Obstetrics, Tirana, May 2015**

#### **Albanian Association of Human Reproduction and Andrology**

- **Member of the Organizing Committee of the 1st National Congress of Human Reproduction and Andrology in Albania, Durres, October 2015**

#### **Congress of the Albanian Association of Nutrition Sciences**

- **Member of the Organizing Committee 2024**

## **TRAININGS**

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- ***" VIII Workshop Live in Chirurgia - Aggiornamenti in Chirurgia Bariatrica Laparoscopica " March 2023, Rome, Italy***
- ***St.Gallen International Breast Cancer Conference 15-18 Marzo 2023, Vienna, Austria***
- ***Minimally Invasive Liver Surgery- Masters in Action Skills, Tips & Tricks Left Hemihepatectomy - Novembre 2022, Rome, Italy***
- ***Master Class on Surgery: Dealing with major surgeries during the Covid 19 pandemic -Mars 2021, Tirana- Albanian Medical Education Association***
- ***Master Class on Uniportal Video-Assisted Thoracoscopic Surgery by Diego Gonzales Rivas- March, 2019, Tirana***  
[Shanghai Pulmonary Hospital & Unidad de Cirugía Torácica Minimamente Invasiva – Coruña, Spain]

- **International Master Class on Colorectal Surgery: "Current Trends in Minimally Invasive Colorectal Surgery" Novembre, 2019, Tirana, Albania**
- **Internship – November, 2018 - February 2019 University Hospital "Tor Vergata" Roma, Dipartimento di Chirurgia Toracica (Mentor Prof.Dr. Vincenzo Ambrogi)**

## SCIENTIFIC PUBLICATIONS

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- **Revolutionizing Women's Health Care with a sustainable change: Breast Green Surgery (BUGS) Protocol.** Vanni G., Materazzo M., Pellicciaro M., Marsella V., Eski D., Longo B., Cervelli V., Di Lorenzo N., Buonomo O.C.
- **Awake breast surgery and de-escalation treatment: strategies for frail and elderly breast cancer patients** Vanni G., Pellicciaro M., Materazzo M., Caspi J, Facchini B. A, Noce A., Lisi G., Tacconi F., Eski D., Cervelli V., Longo B., Buonomo O. C.
- **How future surgery will benefit from SARS-COV-2-related measures: a SPIGC survey conveying the perspective of Italian surgeons.** M.Materazzo, O.Buonomo, D.Eski etc on behalf of Spige Collaborative group.  
**Springer / Updates in Surgery August 2023**
- **Assessment of Body Weight, Body Height and Body Fatness in Albanian Children Aged 7–15 Years and Comparison with International Standards, and Follow-Up at One Year** Andreoli, Eski, Cenko, Buonomo
- **Food choices, physical activity, and prevention of cardiovascular diseases in young adult Albanians: Assessment of nutritional status in university students and the risk of chronic degenerative**

**diseases** A. Andreoli, **D.Eskiu** , F.Cenko, E. Teliti, S. Kellici, E. Pajaj

- **Evaluation of the Efficacy of Fenoldopam in the Prevention of Contrast-Induced Nephropathy (CIN) by Neutrophil Gelatinase-Associated Lipocalin (NGAL)** AJMS - April 2023  
Filadelfo Coniglione, **Denisa Eskiu**, Donadel Giulia
- **Assessment of body weight, body height and body fatness in Albanian children aged 7-15 years and comparison with international standards, and follow-up at one year.** A. Andreoli, **D. Eskiu**, F.Cenko, E. Teliti, D. Ylli, N. Capodocasa, E. Buonomo
- **Incidental diagnosis and treatment of adult-onset Morgagni Hernia: A Case Report.** March 2020  
**D.Eskiu**, E.Ibro, E.Sinani, I.Jorgoni, B.Celep
- **Laparoscopic treatment of Gastric Trichobezoar.** March 2020  
**D.Eskiu**, E.Sinani, E.Ibro, P.Kapo, B.Celep
- **Co-Translator of book “Alimentazione e Nutrizione Umana: quello che devi conoscere”** Food and Human Nutrition: What You Need to Know **Andreoli & Egidi** – published in Albanian, January 2016
- **Assessment of nutritional status in university students and the risk of chronic degenerative diseases.** September 2012  
A.Andreoli, R.Kardashi, A.Dibra, I.Topi, **D.Eskiu**, F.Cenko,
- **Assessment of food intake (FI) and body cell mass (BCM), by bioelectrical impedance (BIA), in carcinoma patients.** November 2011  
**Are body cell mass and Phase Angle (PA) measured by Bioelectrical Impedance (BIA), related with food intake in carcinoma patients?**  
A.Andreoli, A.Morelli, S.Mariotti, **D.Eskiu**, E.Buonomo, S. De Luca, M.Roselli

## AWARDS AND RECOGNITIONS

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### **Outstanding Achievement Award**

Youth Achievement Foundation 2004 -USAID

### **Achievement Awards**

Scholarship from U.S Department of State, Open Society Institute,  
Idea - SEEYLI Program July, 2005

Towson University, Maryland, USA.

## PROFESSIONAL EVENTS

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Active Engagement in Professional Conferences and Events:

- **SURGICAL TREATMENT OF HEPATOCELLULAR CARCINOMA, II Italy vs Spain;** 22 March 2022, Rome, Italy
- **MULTIDISCIPLINARY TREATMENT OF RECTAL CANCER – STATE OF THE ART,** Roman Surgery Society - Sapienza University of Rome; 9 February 2022, Rome, Italy
- **"Weight Regain" Guidelines, Protocols and Procedures** SICOB-ITALIAN SOCIETY OF SURGERY FOR OBESITY AND METABOLIC DISEASES, 26 Ottobre 2020, Roma, Italia
- **"GERD in obese patients"** SICOB-ITALIAN SOCIETY OF SURGERY FOR OBESITY AND METABOLIC DISEASES 19 October 2020, Rome, Italy
- **Complications of bariatric surgery in the long term: prevention and treatment,** SICOB-ITALIAN SOCIETY OF SURGERY FOR OBESITY AND METABOLIC DISEASES 12 October 2020, Rome, Italy
- **Women's well-being. Strategies of nutraceuticals in the modern world;** Medical Care Association, Tirana, Albania, November 2022
- **"One Day Nutrition"** I-Congress of Albanian Society of Nutrition Science, May 2024,
- **27 ALBANIAN SURGICAL CONFERENCE,** 26 October 2019, Tirana, Albania.

## FOREIGN LANGUAGES

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- **English, C2**
- **Italian, C2**
- **Spanish, B2**
- **French, B1**

- ***Albanian, Native language***

(\*) [Common European Framework of Reference \(CEF\) level](#)

## **COMPUTER SKILLS AND ABILITIES**

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- Knowledge of the programs Microsoft Office, Adobe Premiere, Adobe Photoshop, Quark Express, SPSS
- ECDL - European Computer Driving Licence